

Leeds Addiction Unit

in collaboration with the University of Leeds School of Healthcare



Leeds Partnerships **NHS**
NHS Foundation Trust

PROSPECTUS

Autumn 2010 / Spring 2011



Closing date for receipt of applications for all programmes/modules

for AUTUMN term 2010 – 8 July 2010

for SPRING term 2011 – 9 December 2010



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www.lau.org.uk/training/

Leeds Addiction Unit (LAU): Programmes at a Glance

Name of Course	Type of Course	Entry Requirements	Special Requirements	Qualification	Programme Structure
Community Treatment of Substance Misuse Certificate of Higher Education (Cert HE)	Face to face with practice placement	English Language GCSE (grade C or above) 2 'A' levels or equivalent*	Opportunities for practice with appropriate client groups	Community Treatment of Substance Misuse: Certificate of Higher Education	Four 30 credit level 1 modules 2 years
** Certificate of Higher Education (Cert HE) in Addiction Studies	Distance learning	English Language GCSE (grade C or above) 2 'A' levels or equivalent*	None	Certificate of Higher Education in Addiction Studies	Four 30 credit level 1 modules 2 years
** Diploma of Higher Education (Dip HE) in Addiction Studies	Distance learning	English Language GCSE (grade C or above) 120 credits at HE level 1 *	None	Diploma of Higher Education in Addiction Studies	Four 30 credit level 2 modules 2 years
Graduate Diploma in Addiction Studies (GDAS)	Face to face with practice placement	English Language GCSE (grade C or above) 120 credits at HE level 1 + 60 credits at HE level 2 *	2 years experience Practice placement	Graduate Diploma in Addiction Studies	Two 30 credit level 2 modules Two 30 credit level 3 modules 2 years
BHSc (Hons) in Addiction Studies	Distance learning and face to face with practice placement	English Language GCSE (grade C or above) 120 credits at HE level 1 *	Previous experience Practice placement required for some modules	BHSc (Hons) in Addiction Studies	Four 30 credit level 2 modules Four 30 credit level 3 modules 2/4 years ***

ALL accredited courses are part-time and suitable for people who are currently employed. For an estimate of the study time required for accredited courses, the University recommends **10 hours per credit** (including practice placement and taught sessions where applicable). For example, the study time to complete a 30 credit module over an eighteen week term approximates to 300 hours or 16½ hours per week.

* **NON-STANDARD ENTRY ROUTE MAY BE AVAILABLE** for suitable applicants who don't meet the standard entry requirements. Please **APPLY EARLY** and discuss your application with the relevant Programme Manager.

** **IMPORTANT:** the **Certificate** and the **Diploma** programmes are **mutually exclusive**. Students who have taken the Certificate **MAY NOT** subsequently take the Diploma, as there is overlap in the study material. Students who have successfully completed the Certificate course may progress to other programmes, but may not repeat any module at level 2 which they have already taken at level 1.

*** **Suitable applicants may enter this programme at level 3**

ALL APPLICANTS are advised to phone the training office on **0113 295 1330** to discuss their choice of course. **We are happy to help.**

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Leeds Addiction Unit

This prospectus contains details of programmes of study, modules and short courses run by Leeds Addiction Unit. Courses on offer range from short non-assessed four-day courses to a BHSce Degree in Addiction Studies.

The Leeds Addiction Unit combines a clinical unit specialising in the treatment of substance dependence, a teaching unit specialising in the training of professionals to manage problems of substance misuse in a variety of settings and a research unit specialising in the evaluation of treatment and the provision of regional substance misuse data in line with government requirements.

The teaching unit, which has been in existence since 1984, provides modules and programmes of study validated by the University of Leeds, as well as a variety of short courses tailored to the needs of different professional groups and occupational settings. Staff who provide clinical teaching all carry an addiction caseload. The clinical unit provides opportunities for clinical learning and practice.

Courses

Short courses available at Leeds Addiction Unit

Short courses are described in the first section of this booklet. We offer three skills-oriented short courses.

- Motivational Interviewing
- Cognitive Behavioural Coping Skills
- Psychopharmacology & Physiology of Addiction

Short course participants receive a certificate of attendance by Leeds Addiction Unit. If you are seeking more in-depth training you should consider one of the modules described in the second half of this booklet.

University of Leeds accredited programmes of study

Leeds Addiction Unit offers five University of Leeds awards:

- Certificate of Higher Education in Addiction Studies by distance learning (CertHE)
- Community Treatment of Substance Misuse: Certificate of Higher Education (CTSM CertHE)
- Diploma of Higher Education in Addiction Studies by distance learning (DipHE)
- Graduate Diploma in Addiction Studies (GDAS)
- BHSce in Addiction Studies (BHSce)

In addition, modules are available for study on an individual basis. Students who complete a module are awarded the credits for that module. Students electing to study modules without assessment receive a Certificate of Attendance.

Learning and teaching formats

Modules are either by distance learning or face-to face teaching.

Distance learning modules

Distance learning modules run for 18 weeks. Students are supplied with a study manual or a CD-Rom and selected readings. Specialist tutors are available weekly for telephone support, and can also be contacted by fax and e-mail. Students are encouraged to join peer-learning groups.

For applicants residing outside the UK, there will be an additional charge to cover postage costs. Payment of the fees for each module plus the registration fee must be made by *sterling cheque* for the full amount.

Please note: all students completing the final module of the Dip HE in Addiction Studies by distance learning (Research Methods Module) will be required to attend the Leeds Addiction Unit to do a presentation.

Face to face taught modules

These modules run over 12 weeks. They involve lectures/small group seminars, video-recorded supervised practice and private study time. Each module comprises a combination of teaching at Leeds Addiction Unit 8 days per module (4 x 2 day teaching blocks) and supervised practice in a practice placement (16 days per module).

Study requirements

As a rough guide to the amount of study time required to complete accredited modules, the University of Leeds recommend approximately ten hours per credit. This time will include taught sessions (where applicable), tutorials, private study and essay preparation and writing.

Students

Students at Leeds Addiction Unit come from a diverse range of backgrounds. Many are practitioners in the addiction field (or hope to become practitioners in the field). Students work in a variety of settings: the health service, criminal justice settings, and the non-statutory sector. The option to study by distance learning means that Leeds Addiction Unit attracts students both nationally and internationally.

Staff

Each module or course has a member of staff responsible for the organisation, teaching and assessment of that module. A full list of module managers and their contact details is given at the end of this booklet.

Availability

The provision of programmes and modules is subject to the enrolment of sufficient numbers of students and the maintenance of satisfactory conditions for the running of the programme or module. We reserve the right to replace the advertised tutors or change programmes and/or modules where it is found to be unavoidable or to make other changes that may be deemed necessary due to unforeseen circumstances.

If you would like any further information about any of the courses in this booklet, or would like an application form, please contact:

Christine Weatherill
Training Department Manager
Leeds Addiction Unit
19 Springfield Mount
LEEDS LS2 9NG

tel 0113 2951330 *fax* 0113 2951320

lau_training@leedspft.nhs.uk

Short courses

(non-assessed)

Introduction to **Motivational Interviewing**

Motivational interviewing has proven effectiveness in the substance misuse field and is widely applicable to a number of behavioural change settings. This course comprises four days training in the theory and practice of motivational interviewing.

For people who require basic motivational interviewing training. The course will focus upon the acquisition of knowledge and skills for the treatment of problem alcohol and drug use. It will be relevant to similar behavioural problems. Current experience of working with people with drug and alcohol problems is an advantage.

Content:

Models of behaviour change and motivation
Principles and theory of motivational interviewing
Core skills and techniques of motivational interviewing
Motivational strategies for behaviour change

Four-day course. Participants who attend the complete course receive a certificate of attendance.

Please see separate flyer (or contact the LAU Training Office) for dates and fees.

Cognitive Behavioural Coping Skills

For people who require specialist training in the alcohol and drugs field. The course will focus upon the acquisition of knowledge and skills for the treatment of problem alcohol and drug use. Current experience of working with people with drug and alcohol problems is an advantage.

This course addresses the conditions for behaviour change and the acquisition of skills to facilitate change and its maintenance, relapse circumstances and the prevention of relapse.

Content:

Cognitive and behavioural learning theories of addiction
The role of the environment and significant others in initiating substance use
Recruiting support for initiating and maintaining change
Behavioural analysis of drug and alcohol use, coping skills, goal setting and planning
Problem solving, behavioural management and relapse prevention skills

Four-day course.

Participants who attend the complete course receive a certificate of attendance.

Please see separate flyer (or contact the LAU Training Office) for dates and fees.

Psychopharmacology and Physiology of Addiction

For people with experience working in the addiction field, who have knowledge and experience of harm reduction and who want to work in partnership with those providing medical care of problem drinkers and drug users.

Current experience of working with drug, alcohol or other addictive behaviours is an advantage

This course provides participants with an understanding of physiological processes underpinning drug and alcohol use, dependence and its treatment.

Content:

Physiological and pharmacological aspects of substance use and treatment for dependence

Psychological and social criteria for pharmacotherapy

Characteristics of pharmacological treatments for withdrawal, abstinence, & substitute prescribing

Monitoring adherence to pharmacological treatments

Network support for withdrawal

Protocols for the delivery of pharmacological treatment

Six-day course (four full days and four half days).

Participants who attend the complete course receive a certificate of attendance.

Please see separate flyer (or contact the LAU Training Office) for dates and fees.

The provision of short courses is subject to the enrolment of sufficient numbers of students and the maintenance of satisfactory conditions for the running of the course. We reserve the right to replace the advertised tutors or change courses where it is found to be unavoidable or to make other changes that may be deemed necessary due to unforeseen circumstances.

Programmes of Study

(University of Leeds accredited courses)



The completion of practice-based modules will provide the means to satisfy a number of DANOS (Drug and Alcohol National Occupational Standards) competences either partially or fully.

DANOS competencies for level one modules *please see page 30*

DANOS competencies for level two modules *please see page 33*

DANOS competencies for level three module *please see page 37*

To access more information about DANOS please visit:

www.skillsforhealth.org.uk/danos/

Certificate of Higher Education in Addiction Studies by Distance Learning (CertHE)

Entry Requirements:

Approved access course / mature entry scheme / 2 'A' levels grade C or above

NB. GCSE English Language (grade C or above - or equivalent).

Access to word processing and internet facilities

Four modules:

- Introduction to Addiction Studies - Level 1 30 credits
- Foundation Issues in Addiction Studies - Level 1 30 credits
- Prevention Issues in Addiction Studies - Level 1 30 credits
- Interventions for Substance Misuse Problem - Level 1 30 credits

Modules run for 18 weeks from February and September. Minimum completion time for four modules is two years. It is possible to take a break between modules but the programme must be completed within four years.

Features:

The course is designed for students who:

- are new or have recently begun to work in the addiction field or those who work in the health and social welfare field and their work has expanded to include people who have problem substance misuse
- do not have former higher education experience
- would like to acquire a broad foundation in addiction studies at higher education level
- may wish in the future to build on their level 1 learning
- would like to study in their own time and in their own home
- would like to focus on theory, research, policy and the underpinnings of current practice
- may live a long way from an educational institution

Distance learning means that you can:

- organise your study to suit your lifestyle
- study where you like and when you like
- study for a recognised qualification and stay in full/part time employment
- whilst the course is demanding many students work full time and fit their study around their other commitments

Study materials provided:

- A Study Manual is provided for each module, together with a set of selected readings. Students are recommended to buy some set texts for each module. These comprise the core materials required for the course, but students may also be expected to access additional reading materials in preparation for assignments.

Student support:

- Regular telephone tutorials are offered, and students may also contact their tutors by fax and email if required.

IMPORTANT: the **Certificate of Higher Education (CertHE) in Addiction Studies by distance learning** and the **Diploma of Higher Education (DipHE) in Addiction Studies by distance learning** courses are **mutually exclusive**. Students who have taken the distance learning CertHE **MAY NOT** subsequently take the distance learning DipHE, as there is overlap in the study material. Students who have successfully completed the Certificate course may apply for other programmes of study, but may not repeat any module at level 2 which they have already taken at level 1.

Community Treatment of Substance Misuse Certificate of Higher Education (CTSM CertHE)

Entry Requirements:

Approved access course / mature entry scheme / 2 'A' levels grade C or above
Opportunities for practice with appropriate client groups

NB. GCSE English Language (grade C or above - or equivalent).
Access to word processing and internet facilities

Four compulsory level 1 modules worth 30 credits each:

- | | | |
|---|-----------|------------|
| • Assessment of substance misuse | - Level 1 | 30 credits |
| • Principles of substance misuse interventions | - Level 1 | 30 credits |
| • Principles of harm reduction for substance misuse | - Level 1 | 30 credits |
| • Continuing professional development
for substance misuse professionals | - Level 1 | 30 credits |

Features:

The programme is designed for students who:

- are new or have recently begun to work in the addiction field or those who work in the health and social welfare field and their work has expanded to include people who have problem substance misuse
- do not have any former higher or further education experience
- would like to acquire a practice based qualification in addiction at higher education level
- may wish in the future to build on their level 1 learning
- need to satisfy DANOS requirements
- would like to acquire knowledge on theory, research, policy and the underpinnings of current practice

The programme can be completed in one year as a full time course or two years part time

DANOS - Drug & Alcohol National Occupational Standards

For DANOS competencies for level one modules *please see page 30*

Prospective students for this programme
are advised to discuss their options
with module manager
Sally Neal
(see *Staff List* at back)

Diploma of Higher Education in Addiction Studies by Distance Learning (DipHE)

Entry Requirements:

120 credits at Higher Education Level 1 or equivalent prior learning

NB. GCSE English Language (grade C or above - or equivalent).

Four modules:

• Foundation credits	- Level 2	30
• Prevention * credits	- Level 2	30
<i>or</i> Substance Misuse and Criminal Justice * credits	- Level 2	30
• Intervention credits	- Level 2	30
• Research Methods credits	- Level 2	30

Modules run for 18 weeks and commence in February and September. Minimum completion time for four modules is therefore two years. However, it is possible to take a break between modules and complete in a maximum of four years.

* Students choose ONE of these modules

Features:

The course is designed for students who:

- are seeking specialist knowledge about the addiction field
- would like to study in their own time and in their own home
- would like to focus on theory, research, policy and the underpinnings of current practice
- may live a long way from an educational institution

Distance learning means that you can:

- organise your study to suit your lifestyle
- study where you like and when you like
- study for a recognised qualification and stay in full/part time employment
- whilst the course is demanding most students work full time and fit their study around their other commitments

Study materials provided:

- A Study Manual is provided for each module, together with a set of selected readings. Some modules include audio/video cassettes. The student will also be recommended to buy some set texts for each module. The Manual, the supplied readings and the set text comprise the core materials required for the course, but students may also be expected to access additional reading materials in preparation for assignments.

Student support:

- Regular weekly telephone tutorials are offered, and students may also contact their tutors by fax and email if required.

IMPORTANT: the **Certificate of Higher Education (CertHE) in Addiction Studies by distance learning** and the **Diploma of Higher Education (DipHE) in Addiction Studies by distance learning** programmes are **mutually exclusive**. Students who have taken the distance learning CertHE **MAY NOT** subsequently take the distance learning DipHE, as there is overlap in the study material. Students who have successfully completed the Certificate course may apply for the BHSc course, but may not repeat any module at level 2 which they have already taken at level 1.

Graduate Diploma in Addiction Studies (GDAS)

Entry Requirements:

120 credits at Higher Education Level 1 and 60 credits at Level 2

Two years experience including substantial and current work with addiction problems

Candidates are required to attend for interview at Leeds Addiction Unit

NB. GCSE English Language (grade C or above - or equivalent).

Four modules:

Level 2

compulsory module:

- Alcohol, Drugs and Harm Reduction 30 credits

then choose 30 credits from:

- Motivational Interviewing 30 credits
- Motivational Interviewing CD-Rom 30 credits

Level 3

choose 60 credits from:

- Cognitive Behavioural Coping Skills 30 credits
- Dual Diagnosis 30 credits
- Social Behaviour and Network Therapy 30 credits
- Safeguarding Children (Child Protection) 20 credits
- Working with Childbearing Drug Users 10 credits
- Psychopharmacology & Physiology of Addiction 30 credits

30 credit modules run for 12 weeks and commence in February and September. Minimum completion time for four modules is therefore two years. However, it is possible to take a break between modules and complete in a maximum of four years.

Features:

The focus of the programme is the development and enhancement of clinical skills for working in the addiction field and an examination of the evidence-base, which supports them.

A fixed range of modules comprises the programme: each module focuses on one specific intervention.

Modules may be taken in any order provided entry requirements are met.

DANOS - Drug & Alcohol National Occupational Standards

DANOS competencies for level two modules *please see page 33*

DANOS competencies for level three module *please see page 37*

IMPORTANT: Students **MAY NOT** study a module at level 2 and 3. For example if a student elects to study Motivational interviewing at level 2 s/he may not study it at level 3 (and vice-versa).

Bachelor of Health Sciences - BHSc (Hons) in Addiction Studies

Entry requirements:

120 credits at Higher Education Level 1 or equivalent prior learning.

Opportunity to practise in the addiction field throughout the duration of the programme.

NB. GCSE English Language (grade C or above - or equivalent).

The course is designed for those who are currently practising in the field of health, social welfare and addiction and would like specialist knowledge and practitioner skills in the field of the treatment of addiction.

Modules commence in February and September. Minimum completion time for eight modules is four years.

If you hold a Leeds Addiction Unit Diploma or Graduate Diploma in Addiction Studies you can "top-up" your qualification to a BHSc (Graduate Diploma just one year part-time, Diploma two years part-time).

Students with 120 credits at higher education level 1 *and* 120 credits at higher education level 2 (in a related subject) *may* be permitted to join this programme at level 3. Please enquire for further details.

Candidates for this programme are required to attend for interview at Leeds Addiction Unit

Features:

A focus on clinical practice and management: this BHSc includes training, supervision and assessment in current, evidence-based Interventions for the addiction field.

All clinical modules are taught and supervised by practitioners with a current addiction caseload.

The opportunity to undertake a research project or dissertation in an addiction topic of your choice.

Modules available by distance learning, face-to-face teaching & CD-Rom.

See opposite for full list of module options.

DANOS - Drug & Alcohol National Occupational Standards

DANOS competencies for level two modules *please see page 33*

DANOS competencies for level three module *please see page 37*

IMPORTANT: Students **MAY NOT** study modules at level 2 and 3. For example if a student elects to study Motivational interviewing at level 2 s/he may not study it at level 3 (and vice-versa).

Key to table overleaf

- * compulsory module for BHSc in Addiction Studies (Long version)
- ** students must choose one of these modules for BHSc in Addiction Studies
- § students choose one of these modules for Diploma of Higher Education

		<i>Level 1</i>	<i>Level 2</i>	<i>Level 3</i>
CTSM (CertHE)	Community Treatment of Substance Misuse Certificate of Higher Education	120 credits	—	—
CertHE Addiction Studies	Certificate of Higher Education in Addiction Studies	120 credits	—	—
DipHE	Diploma of Higher Education in Addiction Studies	—	120 credits	—
GDAS	Graduate Diploma in Addiction Studies	—	120 credits 60 credits 60 credits	
BHSc - L	BHSc in Addiction Studies - Long (four years minimum)	—	240 credits 120 credits 120 credits	
BHSc - S	BHSc in Addiction Studies - Short (two years minimum)	—	—	120 credits

Study requirements

As a rough guide to the amount of study time required to complete accredited modules, the University of Leeds recommend approximately ten hours per credit (i.e. 300 hours for a 30 credit module).

This time will include taught sessions (where applicable), tutorials, private study and essay preparation and writing.

The completion of practice-based modules will provide the means to satisfy a number of DANOS (Drug and Alcohol National Occupational Standards) competences either partially or fully.

- DANOS competencies for level one modules - *please see page 30*
- DANOS competencies for level two modules - *please see page 33*
- DANOS competencies for level three module - *please see page 37*

To access more information about DANOS please visit:

www.skillsforhealth.org.uk/danos/

Modules

[for key – see previous page]

Level 1	credit rating	teaching format	clinical placement	programme
Introduction to Addiction Studies	30	distance learning	No	CertHE Addiction Studies
Foundation Issues in Addiction Studies	30	distance learning	No	CertHE Addiction Studies
Prevention Issues in Addiction Studies	30	distance learning	No	CertHE Addiction Studies
Interventions for Substance Misuse Problems	30	distance learning	No	CertHE Addiction Studies
Assessment of Substance Misuse	30	face to face	Yes	CTSM (CertHE)
Principles of Substance Misuse Interventions	30	face to face	Yes	CTSM (CertHE)
Principles of Harm Reduction for Substance Misuse	30	face to face	Yes	CTSM (CertHE)
Continuing Professional Development (CPD)	30	face to face	Yes	CTSM (CertHE)

Level 2	credit rating	teaching format	clinical placement	programme
Foundation	30	distance learning	No	DipHE; BHSc
§ Prevention	30	distance learning	No	DipHE; BHSc
§ Substance Misuse and Criminal Justice	30	distance learning	No	DipHE, BHSc
Intervention	30	distance learning	No	DipHE; BHSc
Research Methods*	30	distance learning	No	DipHE; BHSc
Alcohol, Drugs and Harm Reduction	30	face to face	Yes	GDAS; BHSc
Motivational Interviewing	30	face to face	Yes	GDAS; BHSc
Motivational Interviewing [Distance Learning CD ROM]	30	distance learning	Yes	DipHE ¹ , GDAS; BHSc

Level 3	credit rating	teaching format	clinical placement	programme
Cognitive Behavioural Coping Skills (CBCS)	30	face to face	Yes	GDAS; BHSc
Dual Diagnosis	30	face to face	Yes	GDAS; BHSc
Library-based Project**	30	distance learning	No	BHSc
Motivational Interviewing	30	face to face	Yes	BHSc
Motivational Interviewing [Distance Learning CD ROM]	30	distance learning	Yes	BHSc
Psychopharmacology and Physiology of Addiction	30	face to face	Yes	GDAS; BHSc
Research Project**	30	distance learning	No	BHSc
Social Behaviour and Network Therapy (SBNT)	30	face to face	Yes	GDAS; BHSc
Substance Misuse and Criminal Justice	30	distance learning	No	BHSc
Safeguarding Children (Child Protection)	20	face to face	Yes	GDAS; BHSc
Working with Child Bearing Drug Users	10	face to face	No	GDAS; BHSc

¹ NOTE: This is an optional module for the Diploma of Higher Education (DipHE) in Addiction Studies by distance learning. Special entry requirements apply. Students interested in taking this option should speak to the Programme Manager at the start of the Programme

Distance Learning Modules

LEVEL 1

Unless stated otherwise **30 credit modules** run over 18 weeks

Students are supplied with a Study Manual and a set of complimentary readings.

Tutors are available via telephone and email to provide tutorial advice and support

All the modules in this section may be studied as part of the Certificate of Higher Education in Addiction Studies (see page 11) or stand-alone.

Distance learning modules (Level 1) are *not* available 'non-assessed'

IMPORTANT: the two *distance learning* programmes at levels 1 & 2, i.e. the **Certificate of Higher Education (CertHE) in Addiction Studies** and the **Diploma of Higher Education (DipHE) in Addiction Studies** are **mutually exclusive**. Students who have taken the distance learning CertHE **MAY NOT** subsequently take the distance learning DipHE as there is overlap in the study material. Students who have successfully completed the distance learning CertHE may apply for other programmes, but may not repeat any module at level 2 which they have already taken at level 1. Students successfully completing the Certificate of Higher Education in Community Treatment of Substance Misuse *may* subsequently apply to join the **Diploma of higher Education in Addiction Studies** or the **BHSc in Addiction Studies**.

Introduction to Addiction Studies

Level 1: 30 credits

Entry requirements:

Mature Entry route / 2 'A' levels grade C or above

NB. GCSE English Language - grade C or above (or equivalent).

For students wishing to obtain the Certificate of Higher Education in Addiction Studies

Syllabus:

Study skills for Higher Education

How drugs work; their properties, effects and administration

The legal status of drugs, alcohol and tobacco

Drug use in society - perspective from the user, helping professions, criminal justice system, the family and social network

Principles of prevention and intervention in the addiction field

Information sources in the addiction field; accessing and using literature

Reliability and validity of drug and alcohol information

Assessment:

3 written assignments

Foundation Issues in Addiction Studies

Level 1: 30 credits

Entry requirements:

Mature Entry route / 2 'A' levels grade C or above

NB. GCSE English Language - grade C or above (or equivalent).

For students wishing to obtain the Certificate of Higher Education in Addiction Studies

Syllabus:

Types of psychoactive drugs and how they influence human behaviour, mood and thinking

The effect of drugs: the impact of the drug, the individual and the environment

Problems relating to drug and alcohol use

Models of dependence

Assessment:

2 written assignments

Prevention Issues in Addiction Studies

Level 1: 30 credits

Entry requirements:

Mature Entry route / 2 'A' levels grade C or above

NB. GCSE English Language - grade C or above (or equivalent).

For students wishing to obtain the Certificate of Higher Education in Addiction Studies

Syllabus:

Definitions of prevention

The rationale and history of drug and alcohol controls

The range of legislative strategies used to reduce the supply of drugs in Britain

Prevention strategies: mass media, school drug education programmes, criminal justice approaches, workplace initiatives

Harm minimisation approaches to reducing drug and alcohol related harm

Assessment:

2 written assignments

Interventions for Substance Misuse Problems

Level 1: 30 credits

Entry requirements:

Mature Entry route / 2 'A' levels grade C or above

NB. GCSE English Language - grade C or above (or equivalent).

For students wishing to obtain the Certificate of Higher Education in Addiction Studies

Syllabus:

The components of effective counselling and the mechanisms of effectiveness

The nature and scope of comprehensive assessment

The role of motivation in helps seeking and treatment

Matching clients with interventions

Principles of harm minimisation, motivational interventions, behaviour change strategies, controlled drinking, relapse management, family interventions, screening and brief interventions

Assessment:

2 written assignments

Distance Learning Modules

LEVEL 2

Unless stated otherwise **30 credit modules** run over 18 weeks

Students are supplied with a Study Manual and a set of complimentary readings.

Tutors are available via telephone and email to provide tutorial advice and support

All the modules in this section may be studied as part of a programme (see table page 17) or stand-alone.

Distance learning modules (Level 2) are *not* available 'non-assessed'

IMPORTANT: the two distance learning programmes at levels 1 & 2, i.e. the **Certificate of Higher Education in Addiction Studies** and the **Diploma of Higher Education in Addiction Studies** are **mutually exclusive**. Students who have taken the Certificate **MAY NOT** subsequently take the Diploma, as there is overlap in the study material. Students who have successfully completed the Certificate course may apply for other programmes, but may not repeat any module at level 2 which they have already taken at level 1. Students successfully completing the Certificate of Higher Education in Community Treatment of Substance Misuse **MAY** subsequently join the **Diploma of higher Education in addiction Studies** or the **BHSc in Addiction Studies**.

Foundation Module

Level 2: 30 credits

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1

NB. GCSE English Language - grade C or above (or equivalent).

*For students wishing to obtain the Diploma of Higher Education in Addiction Studies
Optional module for BHSc in Addiction Studies*

Syllabus:

Types of psychoactive drugs and how they influence human behaviour, mood and thinking

The effect of drugs: the impact of the drug, the individual and the environment

Problems relating to drug and alcohol use

Models of dependence

Assessment:

3 written assignments

Diploma of Higher Education in Addiction Studies

Upon completion of the Foundation module, students choose *ONE* of the two modules overleaf before progressing to the Intervention and Research Methods modules.

Prevention Module

Level 2: 30 credits

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1
NB. GCSE English Language - grade C or above (or equivalent).

Optional module for the Diploma of Higher Education in Addiction Studies
Optional module for BHSc in Addiction Studies

Syllabus:

Definitions of prevention
The rationale and history of drug and alcohol controls
The range of legislative strategies used to reduce the supply of drugs in Britain
Prevention strategies: mass media, school drug education programmes, criminal justice approaches, workplace initiatives
Harm minimisation approaches to reducing drug and alcohol related harm

Assessment:

2 written assignments

Substance Misuse and Criminal Justice

Level 2: 30 credits

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1
NB. GCSE English Language - grade C or above (or equivalent).

Optional module for the Diploma of Higher Education in Addiction Studies
Optional module for BHSc in Addiction Studies

Syllabus:

Links between substance misuse and criminality
National and international law relating to the control of illicit drugs and illegal substances
National and international enforcement measures and their effectiveness
Criminal justice process and the roles of key agencies
Criminal justice approaches to the treatment of substance misuse problems
Substance misuse problems in the prison system
Drink and drug driving

Assessment:

2 written assignments

Intervention Module

Level 2: 30 credits

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1

NB. GCSE English Language - grade C or above (or equivalent).

*For students wishing to obtain the Diploma of Higher Education in Addiction Studies
Optional module for BHS in Addiction Studies*

Syllabus:

The components of effective counselling and the mechanisms of effectiveness

The nature and scope of comprehensive assessment

The roles of motivation in help seeking and treatment

Matching clients with interventions

Principles of harm minimisation, motivational interventions, behaviour change strategies, controlled drinking, relapse management, family interventions, screening and brief interventions

Assessment:

2 written assignments

Research Methods

Level 2: 30 credits

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1

NB. GCSE English Language - grade C or above (or equivalent).

Students are required to attend at Leeds Addiction Unit to present their work.

*For students wishing to obtain the Diploma of Higher Education in Addiction Studies
Optional module for BHS in Addiction Studies*

Syllabus:

Research designs and methodologies used to answer addiction research questions

The concepts of reliability and validity

Qualitative and quantitative research methodologies and their relative merits

Methods of literature review

Quantitative and qualitative data analysis

Ethical issues pertaining to the research process

Relating addiction research theory and practice

Assessment:

critical review of a research paper

oral presentation (at *Leeds Addiction Unit*)

literature review

Motivational Interviewing

by distance learning [CD Rom]

Level 2: 30 credits - for **DANOS** competencies *please see LAUT 2011 page 33*

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1

Currently working with people with alcohol and drug misuse problems.

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 33*

Optional module in the Graduate Diploma in Addiction Studies

Optional module in the BHS in Addiction Studies

Please note: this module takes 12 weeks

Syllabus:

Theories of motivation

Models of behaviour change

Motivational interviewing microskills

Skills for giving personal feedback

Strategies for eliciting self-motivational statements

Strategies for working with resistance

Strengthening commitment for change

The delivery of time-limited MI

Assessment:

Two video-recorded demonstrations of microskills and strategies in a brief motivational intervention accompanied by a written analysis

Case study

Teaching materials are supplied on CD-Rom

Recommended PC specifications:

SVGA monitor capable of displaying at least 256 (8 bit) colours at 800x600 pixel resolution

sound card and speakers

Microsoft Windows 95 OSR2, 98, ME, NT40, or 2000 Professional

32 Mb RAM, Pentium processor (minimum 166 MHz), 8 speed CD-Rom Drive

650 mb hard disk space required for media files

Diploma of Higher Education in Addiction Studies:

This module may be available as an optional module in the Diploma of Higher Education in Addiction Studies under some circumstances. Please enquire at the start of the programme if you are interested in this option.

IMPORTANT: Students electing to study this module at level 2 **MAY NOT** study the same module at level 3 (and vice-versa). If in doubt, please consult the Leeds Addiction Unit training department.

Distance Learning Modules

LEVEL 3

Unless stated otherwise **30 credit modules** run over 18 weeks

Tutors are available via telephone and email to provide tutorial advice and support

All the modules in this section may be studied as part of a programme (see table page 17) or stand-alone.

Distance learning modules (Level 3) are *not* available 'non-assessed'

Research Project

Level 3: 30 credits

Entry requirements:

Appropriate learning to the value to 120 credits at Higher Education Level 2

Completion of a Level 2 Research Methods module or its equivalent

NB. GCSE English Language - grade C or above (or equivalent).

For students wishing to obtain the BHS in Addiction Studies

Syllabus:

The concepts of reliability and validity

Qualitative and quantitative research methodologies applied to research subjects in the addiction field

Quantitative and qualitative data analysis

Reading, analysing, and undertaking a literature review

Research project planning and development

Conducting and reporting research

Ethical issues pertaining to the research process

Assessment:

Research project and poster presentation (at Leeds Addiction Unit)

Library Based Project by Distance Learning

Level 3: 30 credits

Entry requirements:

Appropriate learning to the value to 120 credits at Higher Education Level 2

NB. GCSE English Language - grade C or above (or equivalent).

For students wishing to obtain the BHS in Addiction Studies

Syllabus:

Characteristics of literature searches, literature reviews, and meta-analysis

Evaluation of addiction research and policy literature

Integration of material from different sources

Students review a topic of their choosing: further learning is specific to the chosen topic

Assessment:

Dissertation proposal

Dissertation

Substance Misuse and Criminal Justice by distance learning

Level 3: 30 credits

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 2

NB. GCSE English Language - grade C or above (or equivalent).

Optional module for BHSc in Addiction Studies

Syllabus:

Links between substance misuse and criminality

National and international law relating to the control of illicit drugs and illegal substances

National and international enforcement measures and their effectiveness

Criminal justice process and the roles of key agencies

Criminal justice approaches to the treatment of substance misuse problems

Substance misuse problems in the prison system

Drink and drug driving

The debate around the legalisation of illicit substances

Assessment:

2 written assignments

IMPORTANT: Students **MAY ONLY** elect to study this module if they have **NOT** studied the same module at level 2 (and vice-versa). If in doubt, please consult the Leeds Addiction Unit training department.

Motivational Interviewing

by distance learning [CD Rom]

Level 3: 30 credits - for **DANOS** competencies *please see* **HECS 3090** page 37

Entry requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 2

Currently working with people with alcohol and drug misuse problems.

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on page 36

Optional module in the BHS in Addiction Studies

Please note: this module takes 12 weeks

Syllabus:

Theories of motivation

Models of behaviour change

Motivational interviewing microskills

Skills for giving personal feedback

Strategies for eliciting self-motivational statements

Strategies for working with resistance

Strengthening commitment for change

The delivery of time-limited MI

Assessment:

Two video-recorded demonstrations of microskills and strategies in a brief motivational

intervention accompanied by a written analysis

Case study

Teaching materials are supplied on CD-Rom

Recommended PC specifications:

SVGA monitor capable of displaying at least 256 (8 bit) colours at 800x600 pixel resolution

sound card and speakers

Microsoft Windows 95 OSR2, 98, ME, NT40, or 2000 Professional

32 Mb RAM, Pentium processor (minimum 166 MHz), 8 speed CD-Rom Drive

650 mb hard disk space required for media files

IMPORTANT: Students **MAY ONLY** elect to study this module if they have **NOT** studied the same module at level 2 (and vice-versa). If in doubt, please consult the Leeds Addiction Unit training department.

Community Treatment of Substance Misuse Certificate of Higher Education

Face to Face Modules LEVEL 1

30 credit modules run over 12 - 15 weeks.

They comprise a combination of **EIGHT** attended days at Leeds Addiction Unit
and
TWENTY FOUR days supervised practice on a practice placement

All the modules in this section may be studied stand-alone or as part of a programme:

**Community Treatment of Substance Misuse
Certificate of Higher Education (CertHE)**

see page 12

**ALL practice-based modules require applicants to
have:**

Appropriate previous experience in working with substance users.
A practice-placement and practice mentor and appropriate client group.

Drug and Alcohol National Occupational Standards (DANOS)

The completion of these modules will provide the means to satisfy a number of DANOS competences either partially or fully; they have been identified below. To access more information about DANOS visit

[<www.skillsforhealth.org.uk/danos/>](http://www.skillsforhealth.org.uk/danos/)

HECS 1068 *Assessment of Substance Misuse*

AA2, AB4, AB4, AB5, AC1, AC2, AF1, AF2, AF3, AG2, AG3, AI2, BD4

HECS 1069 *Principles of Substance Misuse Interventions*

AA2, AB1, AB2, AC1, AC2, AC3, AI1, AI2, BD4

HECS 1070 *Principles of Harm Reduction for Substance Misuse*

AA2, AB2, AB5, AB8, AC1, AC2, AD1, AG3, AI2, BD4

HECS 1071 *Continuing Professional Development for Substance Misuse Professionals*

AA3, AA4, AA6, AB4, AB10, AC1, AC2, AD4, BD4, BD15

This information was correct at the time of publishing but may be subject to change.

Assessment of Substance Misuse

Level 1: 30 credits - for DANOS competencies *please see page 30*

Entry requirements:

Approved access course / mature entry scheme / 2 'A' levels grade C or above
Opportunities for practice with appropriate client groups

NB. GCSE English Language - grade C or above (or equivalent).

*For students wishing to obtain the Community Treatment of Substance Misuse: CertHE
Compulsory module in the Community Treatment of Substance Misuse: CertHE*

Syllabus:

Effects and implications of drug and alcohol use
Screening methods / Assessment tools
Skills practice / Care planning tools
Motivational dialogue / Risk assessment

Assessment

Video recording of practice with reflective summary, assessment tool and action plan.
Record of learning achievement – portfolio illustrating practitioner competencies achieved

Principles of Substance Misuse Interventions

Level 1: 30 credits - for DANOS competencies *please see page 30*

Entry requirements:

Approved access course / mature entry scheme / 2 'A' levels grade C or above
Opportunities for practice with appropriate client groups

NB. GCSE English Language - grade C or above (or equivalent).

*For students wishing to obtain the Community Treatment of Substance Misuse: CertHE
Compulsory module in the Community Treatment of Substance Misuse: CertHE*

Syllabus:

Engagement strategies and skills / Overview of treatments and their effectiveness
Motivational dialogue / Network and community therapies
Psychological therapies / Twelve step approach / Pharmacotherapies

Assessment:

Written assignment
Video recording of practice with reflective summary.
Record of Learning Achievement - portfolio illustrating practitioner competencies achieved

Principles of Harm Reduction for Substance Misuse

Level 1: 30 credits - for DANOS competencies *please see page 30*

Entry requirements:

Approved access course / mature entry scheme / 2 'A' levels grade C or above
Opportunities for practice with appropriate client groups

NB. GCSE English Language - grade C or above (or equivalent).

*For students wishing to obtain the Community Treatment of Substance Misuse: CertHE
Compulsory module in the Community Treatment of Substance Misuse: CertHE*

Syllabus:

Prevalence and patterns of drug and alcohol use
Harm reduction theory and interventions / Physical harms of drugs and methods of use
Harm reduction assessment / Social harms and psychological consequences
Understanding the role of other agencies and access routes
Drug and alcohol prevention and treatment policy

Assessment:

Video recording of practice with reflective summary and action plan.

Unseen paper

Record of Learning Achievement - portfolio illustrating practitioner competencies achieved

Continuing Professional Development (CPD) for Substance Misuse Professionals

Level 1: 30 credits - for DANOS competencies *please see page 30*

Entry requirements:

Approved access course / mature entry scheme / 2 'A' levels grade C or above
Opportunities for practice with appropriate client groups

NB. GCSE English Language - grade C or above (or equivalent).

*For students wishing to obtain the Community Treatment of Substance Misuse: CertHE
Compulsory module in the Community Treatment of Substance Misuse: CertHE*

Syllabus:

Treatment services / Policy that drives treatment
Equal opportunities and equal access
Libraries and information systems
Service user involvement / Audit and project evaluation

Assessment:

Unseen paper

Record of Learning Achievement - portfolio illustrating practitioner competencies achieved

Face to face taught modules

LEVEL 2

30 credit modules run over 12 weeks.

They comprise a combination of **EIGHT** attended days at Leeds Addiction Unit
(**FOUR 2-day** teaching blocks: **Mondays & Tuesdays**)

and

SIXTEEN days supervised practice on a practice placement (**EIGHT 2-day** blocks)

All the modules in this section may be studied as
part of a programme (see table page 17)
or stand-alone (assessed or non-assessed).

ALL practice-based modules at level 2

require applicants to have:

- Appropriate previous experience in working with substance users.
- A practice-placement and practice mentor and appropriate client group.
- The ability to video record clinical practice.

Drug and Alcohol National Occupational Standards (DANOS)

The completion of these modules will provide the means to satisfy a number of DANOS competences either partially or fully; they have been identified below. To access more information about DANOS visit

www.skillsforhealth.org.uk/danos/

LAUT 2010 Alcohol, Drugs and Harm Reduction

is mapped to the following DANOS competencies:

AA: AA1; AA2; AA3; AA4; AA6 / **AB:** AB1; AB2; AB4; AB5; AB7; AB8; AB9; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD4 / **AE:** AE1 / **AF:** AF1; AF2; AF3

AG: AG1; AG2; AG3 / **AH:** AH3; (AH5, AH6); AH7; AH10; AH12 / **AI:** AI1; AI2

LAUT 2011 Motivational Interviewing

is mapped to the following DANOS competencies:

AA: AA2; AA3; AA4; AA6

AB: AB1; AB2; AB3; AB4; AB5; AB6; AB7; AB8; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD4 / **AE:** AE1 / **AF:** AF3

AG: AG1; AG2; AG3 / **AH:** AH4; AH7; AH12 / **AI:** AI1; AI2

This information was correct at the time of publishing but may be subject to change.

Alcohol, Drugs and Harm Reduction

Level 2: 30 credits - for DANOS competencies *please see page 33*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 33*

Compulsory module in the Graduate Diploma in Addiction Studies

Optional module for BHSc in Addiction Studies

Syllabus:

How drugs work, their effects and the harm they cause

Prevalence and patterns of substance misuse

National Drug Strategy and harm reduction interventions

Public, community and individual health

Practice of harm reduction advice and behavioural strategies

Assessment:

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Critical analysis of practice, including literature review

Motivational Interviewing

Level 2 : 30 credits - for DANOS competencies *please see page 33*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Level 1

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 33*

Optional module in the Graduate Diploma in Addiction Studies

Optional module for BSc in Addiction Studies

Syllabus:

Models of behaviour change and motivation

Principles and theory of motivational interviewing

Assessment of motivation and stage of change

Strategies and core skills of Motivational Interviewing

Evaluation of client outcomes and treatment efficacy

Assessment:

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Case study

IMPORTANT: Students electing to study this module at level 2 **MAY NOT** study the same module at level 3 (and vice-versa).

Face to face taught modules

LEVEL 3

30 credit modules run over 12 weeks.

They comprise a combination of **EIGHT** attended days at Leeds Addiction Unit
(**FOUR 2-day** teaching blocks: **Mondays & Tuesdays**)

and

SIXTEEN days supervised practice on a practice placement (**EIGHT 2-day** blocks)

The **Safeguarding Children (Child Protection) module (20 credits)** comprises a mix of attended sessions at LAU **Thursdays & Fridays** & practice placement. Please phone for details.

The **Working with Child Bearing Drug Users** module comprises **FOUR** attended days at Leeds Addiction Unit (**TWO 2-day** teaching blocks: **Thursdays & Fridays**)

All the modules in this section may be studied as part of a programme (see table page 17) or stand-alone (assessed or non-assessed).

**ALL 20 & 30 credit practice-based
modules at level 3 require applicants to have:**

- Appropriate previous experience in working with substance users.
- A practice-placement and practice mentor and appropriate client group.
- The ability to video record clinical practice.

Drug and Alcohol National Occupational Standards (DANOS)

The completion of these modules will provide the means to satisfy a number of DANOS competences either partially or fully; they have been identified overleaf. To access more information about DANOS visit

www.skillsforhealth.org.uk/danos/

Drug and Alcohol National Occupational Standards (DANOS)

The completion of these modules will provide the means to satisfy a number of DANOS competences either partially or fully; they have been identified below. To access more information about DANOS visit

www.skillsforhealth.org.uk/danos/

HECS 3090 *Motivational Interviewing*

is mapped to the following DANOS competencies:

AA: AA2; AA3; AA4; AA6 / **AB:** AB1; AB2; AB3; AB4; AB5; AB6; AB7; AB8; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD4 / **AE:** AE1 / **AF:** AF3

AG: AG1; AG2; AG3 / **AH:** AH4; AH7; AH12 / **AI:** AI1; AI2

LAUT 3006 *Cognitive Behavioural Coping Skills*

is mapped to the following DANOS competencies:

AA: AA2; AA3; AA4; AA5; AA6 / **AB:** AB1; AB2; AB3; AB4; AB5; AB6; AB8; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD2; AD4 / **AF:** AF1; AF2; AF3

AG: AG1; AG2; AG3 / **AH:** AH4; AH12 / **AI:** AI1; AI2

LAUT 3005 *Social Behaviour and Network Therapy*

is mapped to the following DANOS competencies:

AA: AA2; AA3; AA4; AA5; AA6

AB: AB1; AB2; AB3; AB4; AB5; AB6; AB7; AB8; AB9; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD2; AD4 / **AE:** AE1 / **AF:** AF1; AF3

AG: AG1; AG2; AG3 / **AH:** AH4; AH7; AH12 / **AI:** AI1; AI2; AI3 /

AK: AK1; AK2; AK3; AK4 / **BE:** BE3

HECS 3160 *Safeguarding Children (Child Protection) and Substance Misuse*

is mapped to the following DANOS competencies:

AA: AA1; AA2; AA3; AA4; AA6 / **AB:** AB1; AB2; AB4; AB5; AB7; AB8; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD4 / **AE:** AE1 / **AF:** AF1; AF2; AF3

AG: AG1; AG2; AG3 / **AH:** AH4; AH7; AH10; AH12 / **AI:** AI1; AI2

LAUT 3014 *Psychopharmacology and Physiology of Addiction*

is mapped to the following DANOS competencies:

AA: AA2; AA3; AA4; AA6; / **AB:** AB1; AB2; AB4; AB5; AB8; AB9; AB10;

AC: AC1; AC2; AC3; AC4; / **AD:** AD1; AD4; / **AE:** AE1

AF: AF1; AF2; AF3. / **AG:** AG1; AG2; AG3

AH: AH2; AH3; AH4; AH7; AH8; AH9; AH10; AH11; AH12; / **AI:** AI1; AI2;

HECS 3127 *Working with Childbearing Drug Users*

is mapped to the following DANOS competencies:

AA: AA1; AA2; AA3; AA4; AA6 / **AB:** AB1; AB2; AB4; AB5; AB7; AB8; AB10

AC: AC1; AC2; AC3; AC4 / **AD:** AD1; AD4 / **AE:** AE1 / **AF:** AF1; AF2; AF3

AG: AG1; AG2; AG3 / **AH:** AH4; AH7; AH10; AH12 / **AI:** AI1; AI2

This information was correct at the time of publishing but may be subject to change.

Motivational Interviewing

Level 3: 30 credits - for DANOS competencies *please see page 37*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 **and** 2

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 36*

Optional module for Graduate Diploma in Addiction Studies (GDAS) and BHS in Addiction Studies

Syllabus:

Models of behaviour change and motivation

Principles and theory of motivational interviewing

Assessment of motivation and stage of change

Strategies and core skills of Motivational Interviewing

Evaluation of client outcomes and treatment efficacy

Assessment:

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Video recording of clinical practice accompanied by a written analysis report

IMPORTANT: Students electing to study this module at level 3 **MAY NOT** study it at level 2 (and vice-versa).

Cognitive Behavioural Coping Skills

Level 3: 30 credits - for DANOS competencies *please see page 37*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 **and** 2

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 36*

Optional module for Graduate Diploma in Addiction Studies (GDAS) and BHS in Addiction Studies

Syllabus:

Cognitive and behavioural learning theories of addiction

The role of the environment and significant others in initiating substance use

Recruiting support for initiating and maintaining change

Behavioural analysis of drug and alcohol use, coping skills, goal setting and planning

Problem solving, behavioural management and relapse prevention skills

Assessment:

Essay which critically analyses the link between theory and practice

Video recording of clinical practice accompanied by a written analysis report

Video recording of clinical practice accompanied by a written analysis report

Social Behaviour and Network Therapy

Level 3: 30 credits - for DANOS competencies *please see page 37*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 **and** 2

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 36*

Optional module for Graduate Diploma in Addiction Studies (GDAS) and BHSc in Addiction Studies

Syllabus:

Theory, practice and evaluation of Social Behaviour and Network Therapy

The prevalence of substance misuse, social harm and the effects on third parties

Recruitment and management of a social network, goal setting and feedback

Assessment:

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Video recording of clinical practice accompanied by a written analysis report

Safeguarding Children (Child Protection) and Substance Misuse

Level 3: 20 credits - for DANOS competencies *please see page 37*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 **and** 2

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 36*

Optional module (in conjunction with the 10 credit Working with Childbearing Drug Users module - see p.41) for Graduate Diploma in Addiction Studies (GDAS) and BHSc in Addiction Studies

Syllabus:

Impact of substance use upon parenting.

Legal implications for substance using parents.

Assessment of risk to children of substance using parents

Effects of drugs and alcohol upon the foetus, the pregnancy, neonate and the child

Substance misuse from a child's perspective

Assessment:

Summary and analysis presentation to group seminar

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Psychopharmacology & Physiology of Addiction

Level 3: 30 credits - for DANOS competencies *please see page 37*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 ***and*** 2

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 36*

Optional module for Graduate Diploma in Addiction Studies (GDAS) and BHSc

Syllabus:

Physiological and pharmacological aspects of substance use and treatment for dependence

Psychological and social criteria for pharmacotherapy

Characteristics of pharmacological treatments for withdrawal, abstinence, & substitute prescribing

Monitoring adherence to pharmacological treatments

Network support for withdrawal

Protocols for the delivery of pharmacological treatment

Assessment:

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Case study

Dual Diagnosis:

The management of substance misuse and mental illness

Level 3: 30 credits - [awaiting details of DANOS competencies]

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 ***and*** 2

NB. GCSE English Language - grade C or above (or equivalent).

Also: see note about practice-based modules on *page 36*

Optional module for Graduate Diploma in Addiction Studies (GDAS) and BHSc

Syllabus:

Knowledge of substance misuse and mental illness including personality disorder and moderate severity mood disorder

Assessment and intervention skills, care planning

Research and its application to clinical practice

Measurement of treatment outcomes

Interagency and multi-disciplinary work

Engagement and motivation

Interventions for mood disorder

Assessment:

Unseen paper

Video recording of clinical practice accompanied by a written analysis report

Case study

Working with Child Bearing Drug Users

Level 3: 10 credits - for DANOS competencies *please see page 37*

Entry Requirements:

Appropriate learning to the value of 120 credits at Higher Education Levels 1 **and** 2
NB. GCSE English Language - grade C or above (or equivalent).

Optional module (in conjunction with the 20 credit Safeguarding Children [Child Protection] & Substance Misuse module - see p.39) for Graduate Diploma in Addiction Studies (GDAS) and BHS in Addiction Studies

This is a part-time module organised particularly for professionals working in the addiction field whose work brings them into contact with childbearing drug users and professionals working with pregnant women and mothers of young babies whose work brings them into contact with substance misuse problems. Students commencing the module should have previously attained a good working knowledge of alcohol, drugs and their effects.

Syllabus:

Within this module the following topics will be addressed:

- Effects, risks and complications of drugs in the pre-conception stage (menstruation, ovulation, sperm production)
- Effects, risks and complications of drugs on the foetus, the course of the pregnancy and the childbirth
- Influence of parental drug use on the development of the neonate, infant and young child
- The effects of drug use in the family
- The effects of drug use on parenting capacity and the implications for child protection
- The nature of and evidence for assessment, engagement and motivational enhancement strategies and pharmacological treatments
- The contribution of different services in the care of the neonate, child and mother

Assessment:

- Group oral presentation (formative assessment)
- Written assignment which critically analyses the link between theory and practice

**This 10 credit face to face taught module
at level 3 requires applicants to have:**

Appropriate previous experience in working with substance users and be working with the appropriate client group

Students on this module are not required to undertake a practice-placement nor are they required to video record clinical practice or have a practice mentor

Staff list

If you would like an application form for a course or have an enquiry about start dates or course fees please contact the Training Department Manager, Christine Weatherill on 0113 295 1330

Administrative staff

Christine Weatherill	Training Department Manager	} 0113 295 1330 lau_training@leedspft.nhs.uk
Davis Bwalya	{ GDAS Administrator BHSc Administrator	
Andrew G Lawrence	{ Cert HE Administrator DipHE Administrator	

Academic staff

Gillian Tober **Head of Training / Deputy Clinical Director**
Cert HE in Addiction Studies Programme Manager
Dip HE in Addiction Studies Programme Manager
Social Behaviour & Network Therapy (SBNT)
Research Methods
Library Based Project by Distance Learning
Research Project

Mark Bisson *Assessment of Substance Misuse*
Principles of Harm Reduction for Substance Misuse
Introduction to Addiction Studies
Foundation Issue
Interventions for Substance Misuse Problems
Foundation
Intervention
Motivational Interviewing CD-Rom
Harm Reduction (Alcohol, Drugs and)

Matthew Gaskell **BHSc Programme Manager**
Cognitive Behavioural Coping Skills (CBCS)
Psychopharmacology & Physiology of Addiction
Dual Diagnosis

Jon McGowan *Principles of Substance Misuse Interventions*
Prevention Issues in Addiction Studies
Prevention
Criminal Justice (Substance Misuse and) [Levels 2 & 3]
Motivational Interviewing [Levels 2 & 3] /

Sally Neal **Community Treatment of Substance Misuse**
Certificate of Higher Education Programme Manager
GDAS Programme Manager
Continuing Professional Development [CPD] for Substance Misuse Professional
Safeguarding Children (Child Protection) & Substance Misuse
Working with Child Bearing Drug Users

All distance-learning modules run in spring and autumn. Practice-based modules tend to run once a year in either spring or autumn. However students on the GDAS or BHSc should be assured that there will always be a level 2 and a level 3 module available for study at each intake.

Autumn 2010 (September/October)

Level 1 (30 credit)

Distance learning

Introduction to Addiction Studies / Foundation Issues in Addiction Studies /
Prevention Issues in Addiction Studies / Interventions for Substance Misuse Problems

Level 1 (30 credit)

Face to face

Principles of Substance Misuse Interventions

Level 2 (30 credit)

Distance learning

Foundation / Prevention / Criminal Justice (Substance Misuse and) / Intervention / Research Methods
/ Motivational Interviewing CD-Rom

Level 2 (30 credit)

Face to face

Harm Reduction (Alcohol, Drugs and)

Level 3 (30 credit)

Distance learning

Criminal Justice (Substance Misuse and) / Library Based Project / Research Project / Motivational
Interviewing CD-Rom

Level 3 (10 credit)

Face to face

Working with Childbearing Drug Users

Level 3 (20 credit)

Face to face

Safeguarding Children (Child Protection) and Substance Misuse

Level 3 (30 credit)

Face to face

Dual Diagnosis / Cognitive Behavioural Coping Skills [CBCS]

Spring 2011 (February/March)

Level 1 (30 credit)

Distance learning

Introduction to Addiction Studies / Foundation Issues in Addiction Studies /
Prevention Issues in Addiction Studies / Interventions for Substance Misuse Problems

Level 1 (30 credit)

Face to face

Principles of Harm Reduction for Substance Misuse

Level 2 (30 credit)

Distance learning

Foundation / Prevention / Criminal Justice (Substance Misuse and) / Intervention / Research Methods
/ Motivational Interviewing CD-Rom

Level 2 (30 credit)

Face to face

Motivational Interviewing

Level 3 (30 credit)

Distance learning

Criminal Justice (Substance Misuse and) / Library Based Project / Research Project / Motivational
Interviewing CD-Rom

Level 3 (10 credit)

Face to face

Level 3 (20 credit)

Face to face

Level 3 (30 credit)

Face to face

Motivational Interviewing / Psychopharmacology & Physiology of Addiction

Social Behaviour & Network Therapy [SBNT] (Level 3 – 30 credit) will run again in **Autumn 2011**

Current Module Fees

(see notes on inside back cover)

For *non-assessed* course fees please see separate flyer or contact the LAU Training Office

Autumn 2010

	£
Level 1	including University of Leeds registration fee
30 credits	830
Level 2 modules	
30 credits	830
Level 3 modules	
10 credits	450
20 credits	600
30 credits	830

Spring 2011

	£
Level 1	including University of Leeds registration fee
30 credits	830
Level 2 modules	
30 credits	830
Level 3 modules	
10 credits	450
20 credits	600
30 credits	830

The cost of the assessed modules above includes a University of Leeds registration fee. Fees are reviewed annually in the autumn (see notes on inside back cover).

Distance learning: non-UK residents incur an additional charge of £30 per module to cover postage.

Recommended texts: In addition to the costs above students are strongly recommended to purchase a small number of textbooks per module (cost between £60 - £90)

Bursaries **may** be available for applicants applying for accredited modules, working in the Yorkshire and the Humber Strategic Health Authority area through the University of Leeds Continuing Professional Development contract. Please ask for details when applying.

If you are seeking sources of funding and are not eligible for the above, it is worth consulting your local library for a directory of trusts and charitable organisations who may be able to offer support for this kind of course.

If your application has been successful, you will be offered a place on the course. You must confirm, in writing, your acceptance of this place and also by making payment in full or providing written confirmation of funding from your sponsor/ employer.

Fees are still due if you withdraw after the commencement date.

We regret **no** refunds can be made once the course has commenced.

Edition 24 [WEB]

Leeds Addiction Unit – April 2010

lau_training@leedspft.nhs.uk

**Closing date for receipt of applications for all programmes/modules
for AUTUMN term 2010 – 8 July 2010
for SPRING term 2011 – 9 December 2010**

The provision of programmes and modules is subject to the enrolment of sufficient numbers of students and the maintenance of satisfactory conditions for the running of the programme or module. We reserve the right to replace the advertised tutors or change programmes and/or modules where it is found to be unavoidable or to make other changes that may be deemed necessary due to unforeseen circumstances.

Module Fees [PLEASE RETAIN FOR YOUR REFERENCE]

Please note: All Leeds Addiction Unit fees are subject to an annual review in September by the University of Leeds.

Fees are payable at the commencement of each academic year for all modules to be undertaken in that year. Self-funding students may enter into an agreement with the University of Leeds to pay module by module. Acceptance of a place means you are responsible for meeting the fees, which are still payable should you withdraw after the start date. No refunds can be made once the module has commenced.

Module fees for September 2010 / February 2011

Level I / Level II / Level III (30 credits)	£830	Annual fee (2 x 30 credit modules)	£1,660
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Module fees for September 2011

Level I / Level II / Level III (30 credits)	£tbc	Annual fee (2 x 30 credit modules)	£tbc
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The cost of the assessed modules above includes a University of Leeds registration fee.

Fees are reviewed annually in the autumn.

Distance learning: non-UK residents incur an additional charge to cover postage (£30 per module for 2010/2011).

Strategic Health Authority (SHA) CPD contract:

Applicants applying for funding via the University of Leeds / Yorkshire and The Humber Strategic Health Authority (SHA) Workforce Development CPD Contract **are responsible for providing evidence of their eligibility**. Our offer of a place on one of our programmes or modules is subject to you providing evidence that you are an NHS employee or written confirmation from an eligible NHS organisation that your employer has strong links with the NHS.

If you are unclear about your eligibility or what evidence you are required to provide, please contact the LAU training office on 0113 295 1330.

Funding via the University/SHA CPD Contract is on a module by module basis and availability of funds and conditions are subject to change. Students in receipt of funding for one module should be aware that there are no guarantees that they will be eligible, or that funding will be available, for subsequent modules.

Any ongoing issues with Fees may affect your progression through the programme and ultimately your award.

www.lau.org.uk/training/



UNIVERSITY OF LEEDS

Leeds Partnerships 
NHS Foundation Trust

lau_training@leedspft.nhs.uk