

An Introduction to Motivational Interviewing

4-day Practice Development Workshop

Thursday 14 & Friday 15 June 2012
Thursday 5 & Friday 6 July 2012

09:30 – 16:30 hrs

VENUE:	The Coach House, Leeds Addiction Unit
COST:	£490.00 per participant Make cheques payable to <i>Leeds Partnerships NHS Foundation Trust</i>
TUTOR:	Matthew Gaskell Chartered Psychologist

This four day workshop comprises a mixture of brief lectures and discussion, small group exercises and demonstrations. The focus is primarily on the development of practice skills, using the experience of participants. The expectation is that everyone will play an active role in the exercises and simulations and will practice in their own workplace between the two day sessions.

Content

- Background, theoretical elements and evidence
- Core skills / Strategies and protocols
- Applications to different treatments
- Evaluating practice
- Ideas for developing and maintaining competence

At the end of the first two days participants will have acquired sufficient knowledge and basic skills to commence practice. This practice will be reviewed during the subsequent and final two days of the course. Participants will be expected to bring recordings of their practice at this point.

Further information and preparation

We recommend *Motivational Dialogue: Preparing Addiction Professionals for Motivational Interviewing Practice* – Tober and Raistrick (Routledge 2007).

The principle international website for information about motivational interviewing can be found at: < www.motivationalinterview.org >. It contains a comprehensive bibliography of published research, and much other related information.

If this flyer was not accompanied by an application form please contact us by phone or email. Alternatively see our prospectus and application forms at: < www.lau.org.uk/training >

Tea, coffee and biscuits will be available. Lunch is not provided.

Participants will receive a certificate for FULL attendance only. We also offer an accredited module (30 credits) in Motivational Interviewing through the University of Leeds. Please contact us for further details.

We regret there can be no refunds for cancellations within 14 days of the course. Any cancellations must be in writing.

The provision of short courses is subject to the enrolment of sufficient numbers of students and the maintenance of satisfactory conditions for the running of the course. We reserve the right to replace the advertised tutors or change courses where it is found to be unavoidable or to make other changes that may be deemed necessary due to unforeseen circumstances.