CBCS
Cognitive Behavioural Coping Skills
University of Leeds accredited module.

Matthew Gaskell

Archived reading list for the University of Leeds, level three 30 credit module (LAUT 3006).

This module was last offered in September 2016.

The list below incorporates (and supercedes) recommended readings for our short non-assessed courses in Cognitive Behavioural Therapy.

Also, see our page of links to other useful resources at: <www.lau.org.uk/u.htm>

Essential Reading

Denotes full text available FREE online

All web links accessed: Tuesday 12 June 2018


**Recommended Reading**

- CHILDRESS, A.R. et al., 1986. Abstinent opiate abusers exhibit conditioned craving, conditioned withdrawal and reductions in both through extinction. *Addiction* 81 655-660


HAMILTON, M.E. et al., 1998. Money as a tool to extinguish conditioned responses to cocaine in addicts, *Journal of Clinical Psychology* **54**(2) 211-218


UKATT RESEARCH TEAM, 2005. Effectiveness of treatment for alcohol problems: findings of the randomised UK Alcohol Treatment Trial (UKATT) *British Medical Journal (BMJ)* **2005;331:**541 (8 September)
UKATT RESEARCH TEAM, 2005. Cost effectiveness of treatment for alcohol problems: findings of the randomised UK Alcohol Treatment Trial (UKATT)
*British Medical Journal (BMJ)* 2005, 331:544 (8 September)
Available at: <http://doi.org/10.1136/bmj.331.7516.544>
[Accessed: Tuesday 12 June 2018]

**Note**

The module and non-assessed short course(s) associated with this reading list are no longer offered.

This document is a version of the archived web page <www.lau.org.uk/c.htm> which is not maintained. Consequently, some of the above information may be out of date.

Leeds Addiction Unit closed its doors in July 2015. At the time of writing (May 2018), clinical services in Leeds are provided by a consortium of statutory and charitable agencies under the umbrella Forward Leeds <www.forwardleeds.co.uk>. The Training and Research department ceased operations in June 2018. For more information see <www.lau.org.uk>.